## **2019 Candor Girls Basketball Camp**



July 29<sup>th</sup> – August 2<sup>nd</sup> 9:30 am – 12 pm Candor High School

Camp Cost (Covers T-shirt and Basketball): \$25 per player Please Register by Friday June 14<sup>th</sup>

The annual Candor Girls Basketball Camp is back for 2019! Hosted by the Candor Varsity basketball program, the camp is designed to teach the fundamentals of the game of basketball. Dribbling, shooting, pivoting, rebounding, passing, and proper footwork are all needed to play the game properly. With the use of stations, group drills, and contests, each camper will receive individual instruction on the basic offensive and defensive fundamentals necessary to play basketball successfully. Eligible campers must be girls in grades 4-12 as of September 2019 and be enrolled in the Candor School District. Each camper receives a tee shirt and basketball, and will have the opportunity to win other prizes during the week.

## Sample Daily Schedule:

9:30	Check in & attendance in the high school gymnasium
9:40-10:00	Stretching & Ball Handling
10:00-10:15	Lecture and Practice: Shooting
10:15-10:25	Free Throws
10:30-11:00	Stations (ex. crossover layups, boxing out, and defensive positioning)
11:00-11:20	2 on 2 or 3 on 3 games
11:20-11:40	Contest of the Day
11:45-noon	Wrap up and daily awards/prizes (Camper of the Day, Trivia winner, FT winners, etc.)

## Three ways to register:

Fill out the camp registration form and return with payment to Coach Kanoff OR the High School Office, OR mail to Coach Kanoff at P.O. Box 145, Candor NY 13743 - no later than June 14<sup>th</sup>. If registration is late, we cannot guarantee the camper will get a shirt or ball. If paying by check, please make checks payable to: Varsity Club - Girls Basketball

For additional information or if you have any questions, please call 659-5020 or email CAKanoff@candorcs.org

\*\*Keep this for your records\*\*



## ${\bf 2019~Girls~Basketball~Camp~Registration~Form}$

Camper's Name:	Grade in September
Mailing Address:	
Parent/Guardian Name and Phone #:	
Emergency Contact and #:	
Parent email:	(you will receive an email
Adult T-Shirt Size: S M L D	XL
Candor Basketball Camp Waiver  I/we the parent(s) or guardian(s) of  I/we will be responsible for any hospital ex	understand that spense or insurance coverage that may be needed
in case of an emergency during her partici	pation at the Candor Basketball Camp. I/we hter, in case of an emergency, using standard
Parent Signature	
Date	

Please <u>return this sheet</u> to the high school office or to Coach Kanoff no later than June 14<sup>th</sup>